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School- G.I.C. Digtoli , Pithoragarh

Content-

Short Paragraphs- class-9th

- **Value of Newspapers**
- **Value of Trees**
- **Importance of Games and Sport**
- **Value of Discipline in Life**
- **My Best friend**

Short Paragraphs

(1)Value of Newspapers

Newspapers have an important place in life. They keep us well informed and usefully busy. They tell us what is happening around us. It is a powerful mass media and a mighty force. It develops our knowledge about all the new discoveries and invention. They contain news about politics, trade, games and sports, films and theatres and many other things. They help job-seekers also. They reform the society by keeping a check on government. Thus they have become a part and parcel of modern life.

Glossary:

Well- informed- vPNh izdkj ls lwpuk nsuk

World's mirror-fo"o dk niZ.k

Mass- media- lEidZ&lk/kuk

Mighty- "kfDr" kkyh

Discovers- [kskt

Job-seekers – jkstxkj <w<us okys

Keep a check on -utj j[kuk

Part and parcel- vfHkUu vax

Invention - vkfo'dkj

(2)Value of trees

Trees are an integral part of our environment. It is impossible for man to live without them. They give us all the necessities of life. They give food to man. They purify the air and beautify the environment. They have a great influence upon climate. Trees preserve moisture. Trees on hill sides stop the soil erosion and prevent destructive earth slopes. They are also a great source of materials for paper rubber, gums, herbs and medicinal

plants. The value of tree is vital. We should not cut them. Everyone has to grow their population to survive on this land.

Integral- vfuok;Z

Environment-i;kZoj.k

Impossible-vlEHko

Necessities-vko”;drk,

Purify-“kq} djuk

Beautify-lqUnj cukuk

Influence-izHkko

Preserve- lqjf{kr j[kuk

Moisture- ueh

Soil- erosion-e`nk vijnu

Prevent-jksdrs gSa

Destructive-fo/oa”kdkjh ¼gkfudkj½

Vital-egRoiw.kZ

Survive- thfor jguk] vflrRo eas gksuk

(3) Importance of games & sports

There is a great truth in saying- All work and no play makes Jack a dull boy. Games are a very necessary part of life. Playing games or sports have a huge impact on the holistic development of a child. They keep us healthy. They refresh our weary minds. They are useful both for our mind and body. Physically we become healthy. Mentally we become disciplined. Games give us wisdom and courage. They make us bold and confident. They develop in us a spirit of co-operation and team- spirit. Games are also a great source of recreation. After work there should be play. That is why sports are such an important part of school education.

Thus we find games develop the best in our body and mind. In short we can say that games educate and prepare us for life.

Refresh-rjksrktk djrs gS

Weary - Fkds gq,

Physically-“kkjhfd :i ls

Mentally- ekufld :i ls

Disciplined- vuq”kkflr

Confident – vkRefo”oklh

Co-operation- lg;ksx

Team-spirit- ny Hkkouk

Recreation- euksjatu

(4)Value of Discipline in life

Discipline is necessary in all walks of life. Whether at school or of the factory in the playground or in the battlefield, discipline is a necessity. Discipline gives us an opportunity to learn, experience and grow. Without discipline there will be complete chaos and disorder. There will be no peace and progress. A teacher can't teach if his students don't keep discipline in the class. Any house without discipline will surely go to the dogs. The head of the family won't be able to run his family discipline. No office can function without discipline. The country will not succeed if its public servants are not discipline. In fact discipline is necessary in every field of our society. No work or progress is possible without discipline.

In all walks of life-thou ds izR;sd {ks= esa

Opportunity -volj

Chaos- vO;oLFkk] xM+cM+h

Disorder -vO;oLFkk

(5)My Best friend

A friend in need is a friend indeed. The world looks dark without a true friend. I am lucky to have a true friend in Arum. He belongs to a noble

family. He is my class fellow. We work, play and study together. He is good at studies. He always stands first in the class. He is also a good player. He has many qualities of head and heart. He is very punctual and disciplined. He is honest and truthful. These qualities have endeared him to all. He helps me in studies. He is an ideal friend. I am lucky to have him in my life.

Belongs-IEcU/k j[krk gS

Punctual-le;c)

Endeared- fiz; cukuk] eksfgr djuk

A friend in need is a friend indeed- IPpk fe= ogha tks le; ij dke vk;s